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Sudden Diseases.

By Dr. JOHN PECHEY of the College of Physicians, London, at his House in Robin-Hood's-Court, the Lower End of Bow-lane, near Bazing-Lane, Cheapside.



VERY one that practises in this manner, and would publish Medicines with Reputation, ought, in the first place, to give an Account of himself: Because many, now-a-days, practise Physick, and publish Medicines, that were never instructed in the Art of Physick;

and so impose on the Publick, by professing an Art they don't understand. I shall therefore preface the following Undertaking with a Testimonial I received from the College of Physicians many Years ago.

K NOW all Men, That the President of the College of Physicians, with the Consent of the Fellows of the same, has, by Authority from King and Parliament, examin'd, and Approved of, and Elected into the College, J. PECHEY Master of Arts in the University of Oxford, a Man of Probity and Skill; and we have granted him full Power and Authority to exercise the Science and Art of Physick, according to the Laws publish'd to this Purpose. And moreover, we have granted him the Use and Benefit of all the Profits, Liberties, and Privileges which

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have been already, or may be hereafter granted by Authority aforesaid. In Witness whereof, we have Seal'd these Presents with our Common Seal, at our College in London, the 22d of December, in the Year 1684. and in the Thirty-sixth Year of King Charles II.

Having often consider'd that there are several Diseases so surprising, and withal so very violent, that the Patient is often dead, or past all Hopes of Recovery, before a Physician, in many Places, can be called or advised with: *And that in this Great and Populous City, very few Practitioners are willing to do any thing for the Sick in the Night; and that no Physician has hitherto professedly undertaken to dispense Medicines for the Sick in the Night, nor can without good Help; tho' acute and violent Diseases happen as well in the Night as Day, and some of them oftner in the Night than Day.* So that many People seiz'd with sudden and violent Diseases *in the Night*, are at a loss, and know not where to apply themselves for Relief: I have employed my self several Years to find out proper Remedies for sudden and violent Diseases. *And after Thirty Years Practice and Experience,* the following Medicines are the best and most effectual I know, for the Diseases hereafter mentioned.

And that the Sick may have Relief *in the Night* as well as Day, I have undertaken to dispense the following Medicines at any time of the *Night* as well as Day, for sudden, violent, and dangerous Diseases: And I believe they may be of General Use, and may suit all Conditions of Men; all, by the Frailty of Nature, lying open to one or other of these sudden IncurSIONS. And such as live at a Distance from the City, or in the Country, ought to keep the Medicines by them that are proper for their Diseases, especially if they have been often seiz'd with sudden and violent Diseases. For they will find no small Comfort and Secarity, in having an *Approved Remedy ready at hand in time of need.*

The Pouder to prevent Miscarriage.

THIS is a noble Remedy; it strengthens and comforts the Stomach, expels Wind, and comforts the Child very much; and strengthens a weak Womb, and the Ligaments of it, and prevents the Courfes; and is a powerful Remedy for Diseases of the Womb, coming from extreme Weakness, Cold, and Moisture, and Laxity or Looseness of the Womb, or from a Defluxion of Humours upon the Womb. A Paper of it must be taken daily, Morning and Evening, in a Glass of Claret. Price 6 d. a Paper.

Drops to hasten Delivery.

THESE Drops wonderfully hasten Delivery, when the Pains cease, or are too weak, and when the Womb does not sufficiently help itself in promoting the Birth; and in this Case they excell most other Remedies, and are, as it were, a divine Help: They are also good for Vapours and Mother-Fits. Twenty of these Drops may be taken at any time, in any Liquor the Woman drinks, and they must be repeated upon occasion: but you must shake them every time you use them. The Price of a Viol of these Drops is 1 s. 6 d.

The Child-bed Julep.

THIS Julep is an approved and blessed Remedy; and if it be taken presently after Delivery, it prevents a great many Diseases that afflict Women in Child-bed, and kill many, as Fevers, Convulsions, Inflammations; and cures Bruises of the Womb, and prevents the Obstruction of the Child-bed Cleansings. It cures After-pains, and all manner of Pains in the Bowels and Belly; and is of a Balsamick and Healing Nature, and a divine Help for Women after difficult and hard Labour, as any one will plainly find, that makes use of it presently after Delivery. The Viol contains 4 Ounces, which must be taken presently after Delivery. Price 1 s. 6 d.

The Electuary and Hysterick Cordial for a Suppression of the Child-bed Cleanings.

THIS Electuary and Hysterick Cordial, if they are taken soon after the Suppression of the Child-bed Cleanings, generally take it off, and prevent many ill Accidents: For the Suppression of these, is one of the worst and most dangerous Symptoms that can befall a Woman after Delivery, especially if they be wholly and suddenly stop the first three or four Days.

The Woman must take the Quantity of a large Nutmeg of the Electuary every 2d Hour, till the Suppression is remov'd; drinking after every Dose of the Electuary 4 Spoonfuls of the Hysterick Cordial; and a Galbanum Plaister ought to be applied to the Navel. The Pot of the Electuary contains 3 Ounces, Price 2 s. the Cordial 13 Ounces, Price 2 s.

The Electuary and Julep for a violent Flux of the Courses.

AN immoderate Flux of the Courses happens to Women either in Child-bed, or at other Times: As to the first, that afflicts Women most on the first Days after difficult Labour, and is accompanied with a long Train of Hysterick Symptoms; and as it happens only on the first Days, so usually it does not last long; for if a thickning Diet be order'd, it soon abates. The following Drink may be also used:

Take of Plantain-water and Red Wine, each 1 Pint; boil them till a third Part is consumed; sweeten it with a sufficient Quantity of White Sugar; let the Woman take half a Pint of it twice or thrice a Day.

But as to the Flux, which happens out of Child-bed, tho' it befalls Women at any time, yet it most commonly comes a little before the Time it leaves them, namely, when they are about Forty-five Years of Age, if they have them young; and about Fifty, if 'twere late before they began to have them; and by reason of the great Quantity of Blood which is evacuated, they are almost continually afflicted with Vapours and much weaken'd.

In order to the Cure, you must bleed in the Arm, and 8 Ounces of Blood must be taken away; and the next Morning my cooling Purging Potion must be given,

given, which must be repeated twice, three Days betwixt each Purgē; and every Night going to Bed the Woman must take 5 Spoonfuls of my Cordial for the Bloody Flux, thro' the whole Course of the Disease: And after she has been purged thrice, she must take the Quantity of a large Nutmeg of my Electuary, for the immoderate Flux of the Courses, in the Morning, and at 5 in the Afternoon daily, drinking presently after each Dose of the Electuary 6 Spoonfuls of my Julep, for an immoderate Flux of the Courses. The Pot contains about 3 Ounces of the Electuary, Price 2 s. 6 d. The Viol of the Julep contains 8 Ounces, Price 1 s. 6 d.

This Method and these Medicines also cure the Whites in Women.

Sometimes the Courses come with violent Pain; sometimes they come before their due time, and stay longer than they should, and sometimes break out from Places not natural. For each of these Diseases I have a proper Remedy.

An excellent Cordial Mixture for Weakly Women, near the time of Delivery.

THIS Restorative Cordial Mixture wonderfully strengthens the Mother and Child; it quickens and revives the Spirits, is very good for the Stomach, and expels Wind, and cheers the Heart, and comforts the Womb, and makes the Mother and Child so vigorous and lively, that if a Spoonful of it be taken twice a Day a Month before lying in, it procures an happy Delivery, and renders the Child brisk and lusty. The Bottle contains 8 Ounces, Price 3 s.

The Cordial Drops.

THESE Drops are excellent for Mother-Fits, Faintings, Swoonings, and Sinking of the Spirits, for an Apoplexy, and Trembling and Palpitation of the Heart, Giddiness, Falling-Sickness, Wind, Disorders of the Brain and Womb; they quicken the Senses, revive the Spirits, and are of great Use to prevent Infection in sickly Seasons; and they are of such great and wonderful Vertue, that People subject to these sudden and dangerous

Diseases, ought to have them always by them. The Dose is from 20 to 30 Drops, according to the Age and Strength, in a Glass of Canary or White-wine, or in a Dish of Tea or the like. They may be given in the Fit, or in the Morning Fasting, or at Night going to Bed. Price 1 s. the Ounce.

The Powder for Childrens Convulsions.

Convulsions in Children are very frequent; and they are chiefly subject to them in the first Months, and at the Time they breed their Teeth: But they also happen at other times, and proceed from other Causes, in such as are disposed to them. This Powder is an approved Remedy for these Convulsions, a Paper of it being given the Child Morning and Evening, till the Fits go off, especially two or three Days before every New and Full Moon, in a Spoonful of Black Cherry-water, or the like; but if the Child be in the first Months, or very Young, half a Paper is a sufficient Dose. The Price of 12 Papers 3 s.

An Excellent and Approved Oyl for Childrens Gripes,

Gripes frequently happen to Children either with a Looseness or without it; and if they continue long, they weaken Children, and occasion Convulsions. Anoint the Child's Navel and Pit of the Stomach with this Oyl a little warm'd; and you will find it to be an excellent Remedy. Price 1 s. the Dram.

My Excellent Water for the Bloody-Flux, Hysteric Colick, Violent Loosenesses, Gripping of the Guts, Stone in the Kidneys, and the Gout when stricken in.

This Water is an admirable Remedy for the Bloody-Flux, the Gripping of the Guts, and Pains of the Stomach, and for sharp and corroding Humours in the Bowels, for vomiting and spitting of Blood, and for violent Loosenesses, and for an immoderate Flux of the Courses, and an excellent Remedy to prevent Miscarriage, when any violent Pain or Perturbation arises in a Woman with Child. It cheers the Heart, and

and revives the languishing Spirits, and strengthens and comforts the Womb. It is good in the Small-pox and Measles, when the Sick is restless and Light-headed, and when the Fever is high, or when the Small-pox don't rise well. When the Gout is stricken in upon the Stomach or Bowels, and threatens sudden Death, this Water is a sovereign Remedy, and relieves the Sick to Admiration. For the Stone in the Kidneys, as soon as one any is seiz'd with a Fit of it, setting aside all other Remedies, let him presently drink a Gallon of Posset-drink, wherein two Ounces of the Roots of Marsh-Mallows have been boil'd, and let the following Glyster be injected: Take of the Roots of Marshmallows and Lillies, each one Ounce; of the Leaves of Mallows, and Pellitory of the Wall, and of the Flowers of Camomil, each one Handful; of Flax and Fennigreck Seeds, each half an Ounce, boil them in a sufficient Quantity of Water to a Pint and an half, dissolve in the strained Liquor brown Sugar and Syrup of Marsh-Mallows, each two Ounces; mingle them and make a Glyster: As soon as he has render'd all the Posset-drink by Vomiting, and rejected the Glyster, let him take half the Bottle of Water, and keep himself as quiet as possible in Bed. The Water must be taken in the same Quantity, when the Gout is stricken in upon the Bowels or Stomach, and the Patient must keep himself Quiet in Bed. For the Gripes, a Man or Woman may take 5 or 6 Spoonfuls; a Child, according to the Age and Strength, 1, 2, or 3 Spoonfuls; for a violent Looseness or Bloody-Flux, 2 Spoonfuls must be taken after every Stool, and a Man or Woman must take 6 Spoonfuls going to Bed, every Night as long as the Flux continues. For an immoderate Flux of the Courses or Whites, 5 Spoonfuls must be taken every Night, or every other Night, according to the Violence of the Disease, for a Week. To prevent Miscarriage, the Woman must take 5 or 6 Spoonfuls, and keep her self Quiet in Bed. For the Small-pox and Measles, a grown Person must take 5 or 6 Spoonfuls, a Child, 1, 2, or 3 Spoonfuls, according to the

Age. The Bottle contains Eight Ounces. Price 2 s.
6 d.

My Water to stop Bleeding at Nose.

THis Water stops Bleeding at Nose, Lint in the form of Tent being dipp'd in it, and put up the Nostril from whence the Blood flows. And if you apply a Linnen Rag doubled, being first dipp'd in this Water. to a Wound, it will presently stop the Blood; but you must keep your Fingers upon the Rag about half an Hour. And if an Artery be cut it stops the Blood, being used as above directed, and kept on a while with your Hand. This Water having been used with great Success upon several Occasions, may well deserve a Place here; and whoever tries it, will find it an Excellent Remedy.

My Julep to stop Violent Vomiting.

THis Julep for Vomiting is the most effectual Remedy that was ever found out, for it scarce ever fails to stop Vomiting in a short time, when all other Medicines will not do it. It must be taken all at once, and the Sick must keep his Bed, or lie down for some Hours. Price 1 s. 6 d.

My Vomiting Powder.

THis is the best of all Vomits for general Use, for it works with much Safety and Gentleness; whereas many other Vomits differ very little from Poisons. It cures the Headach and Giddiness of the Head, it cleanses a foul Stomach, cures Surfeits, Loathing, and Vomiting, and causes a good Appetite and Digestion; it is good for the Jaundice, Wind in the Stomach, Bloody-Flux, and Looseness; and powerfully opens Obstructions of the Lungs, and cures Wheezings, Shortness of Breath, and the Pitsick: And in these Cases this Vomit once taken, will do more good than ten Purges. A weak Woman may take half a Paper, a strong Man or Woman may take the whole Paper; Children may take a third part of a Paper, more or less, according

to their Age ; a Child of seven Years of Age may take a third Part. It must be taken in a Spoonful of Posset-drink or Water-gruel; and large Draughts of Carduus-Tea must be taken after every time you Vomit. The best time of taking it is about Seven in the Evening, and when it has done working go to Bed, and take a little Burnt-Claret, or Mace-Ale, or the like: But it may be taken at any time of the Day or Night, when there is occasion, and, as need requires, you may repeat the use of it. The Price of this Vomit is 1 s.

The Royal Antidote.

IT powerfully resists Poison, the Plague, and Small-pox, and cures the Biting of Serpents and other venomous Beasts, and the Biting of a mad Dog. Is good for the Stomach, Head, Brain, and Nerves. It cheers the Heart; is good for Melancholy, Sadness, and Dejection of Mind; excellent for Hysteric Women; and gives a new Ferment to the Blood and Juices, moving them gently and keeping them in a due Mixture, and frees them from Putrefaction, and so strengthens the Spirits, that they are able to resist Malignity, and to cast it forth through the Pores of the Skin; and it is a powerful Remedy for Continual and Malignant Fevers, when other Medicines are ineffectual. Two Spoonfuls may be taken at a time; but in Fevers give 3 Spoonfuls every eighth Hour. The Viol contains 4 Ounces. Price 2 s.

My Sweating Bolus.

THere is scarce any Sweating Medicine to be compared with this Bolus: It is very good against any Malignity, and a powerful Remedy in Continual Fevers, and such as are of an ill sort; and is also very cordial and good for the Stomach; and may be used upon all Occasions where Sweating is necessary: Especially when the Gout is stricken in upon the Bowels, and causes a Looseness and Gripes. Price 1 s.

My Family Balsam.

THis Balsam is excellent for Cuts and Wounds ; is good for old running Sores, old Aches and Strains, wither'd Limbs, Cramps, Convulsions, Tremblings, Numbness, and Stitches in the Sides ; softens the Hardness of the Liver and Spleen: Being well bathed upon Sinews shrunk, it comforts them, and causes them to be extended to their due length ; and is excellent for the cure of all manner of outward Swellings: It strengthens weak Limbs, and is good for Lameness and the Palsy, and comforts the Joints and Nerves ; and is of such great Use that it ought to be kept in all Families. Anoint the Part affected with it Morning and Evening before a gentle Fire till the Patient is well, and keep the Part affected warm. Price 6 *d.* the Ounce.

My Blistering Plaster.

AMongst all the Blistering Plaisters that have been hitherto invented, this is certainly the best, for it infallibly raises a Blister in the space of 10 or 12 Hours ; and if it be carefully taken off, it brings off the Skin with it, so that there's no need of cutting the Blister, as is commonly done when other Blistering Plaisters are used. Price 6 *d.* the Ounce.

I will here also add my Virgins Powder, and 4 or 5 excellent Medicines more that are often wanted.

My Virgins Powder.

THis Powder opens Womens Obstructions, and cures the Green-sickness, as many Maids in London know very well, who, after they have laboured a long while under this Disease, and have used many Medicines without Benefit, have been perfectly cured by this Powder ; and it restores to pale Virgins a fresh and pleasant Countenance. A Paper of it must be taken daily every Night going to Bed, in a Spoonful of Syrup of Gilliflowers, or the like, till they are quite well. The Price of 12 Papers 3 *s.* But before they begin taking of this Powder, they must be blooded in the Arm, and purged thrice with my Bitter Tincture. *My*

My Electuary for Agues.

THIS Electuary certainly cures Agues of all sorts, in the space of a few Days, being taken presently after the Fit is off, namely, take the quantity of a large Nutmeg every 4 Hours; and 8 Days after taking the last Dose, take another Pot of the Electuary in the same manner, tho' the Ague be gone, to prevent the Return. The Pot contains 3 Ounces, Price 2 s. 6 d.

My Pectoral Syrup for Consumptions.

THIS Syrup is an effectual and excellent Remedy for Consumptive Coughs, Colds, Wheezings, Pitsick, Shortness of Breath, Stoppages of the Breast and Lungs, and Soreness of the Breast and Lungs. 'Tis of a Balsamick and Healing Nature, discharges the Matter easily from the Lungs, cures Rheums and Soreness of the Throat: And whereas most other Medicines that are used for Coughs, take away the Stomach; this, on the contrary, strengthens the Stomach, and creates an Appetite. Half a Spoonful of it may be taken often in a Day. Price of a Pint of this Syrup is 5 s.

My Julep for Vapours.

THIS Julep may be well rank'd amongst the most excellent Medicines for Vapours; for it presently suppresses them, by quieting the Spirits, and reducing them to Order. It has been often try'd and well approv'd of; and may be truly said to be one of the best Medicines for the Hurry and Confusion of the Spirits. The Dose is from 4 Spoonfuls to 6, as often as there is Occasion. The Viol contains a Pint, Price 2 s. 6 d.

Ingredients for Purging-Beer for Children.

PUT these Ingredients into a Quart Bottle with Ale and Small Beer, each a Pint; shake them well together, and let them stand all Night; the next Day let the Child drink of it for its ordinary Drink; and when half is drank, fill up the Bottle again, and let the Child drink of it as before, till it has taken all. It purges gently,

gently, and strengthens the Stomach and Bowels; and is good for the Worms, and is a very proper Purge for Children in most Cases; and certainly cures Childrens Hestick Fevers. Price 1 s.

My Purging Pouder.

THIS Pouder is so very safe and easie in its Operation, and of such general Use, that it is a proper Purge for Men, Women, and Children, and may be used in all Diseases where Purging is necessary; and is really an exceeding good Purge, and of a small Price. A strong Man or Woman may take the whole Paper; tender Women and weakly Men may take 3 Quarters of a Paper; Children betwixt 7 and 14 may take half a Paper; for Children under 7, a Paper may serve for 4 Purges: It may be taken with Sugar, or in the Pap of a roasted Apple, or with a little Syrup, or with a little Beer. Price 6 d. the Paper.

And now, that this Undertaking may be more generally useful, I will add, in the following Index some other choice Medicines that are often wanted.

And moreover, any sick Person that comes to my House, shall have a faithful Account of his or her Disease, and the best Advice I can give them: But if they expect to receive any Benefit by Advice or Medicines, they must come in time, before their Diseases are incurable. And here I must inform the Reader, that I have learnt, by Time and Experience, certain Rules for Living, and for Diet, Exercise and Rest, that give greater and more lasting Relief in the Gout and Stone, and some other Diseases, than any Medicine whatever, (except in violent Fits of the Stone, and when the Gout is stricken in upon the Bowels or Stomach;) and are the best means to preserve Nature to extream old Age, and contribute much also to the Cure of Consumptions, Convulsions, Colick, Ptisick, King's Evil, Scurvy, Rheumatism, Weakness in Childrens Limbs, Dropsy, Venereal Diseases, and Melancholy next to Madneſs.

And

And here I will say, by the by, that the Gout and Stone, generally speaking, are corporal Punishments, inflicted for the Riots, and Intemperance, or Sloth, of either the Father, Progenitor, or present Possessor, and must be expiated by hard Fare and Day-Labour, how irksome soever this may seem to the Native Luxury and Sloth of Gouty Libertines; and if they will not submit to this Discipline, but tamely yield to the *Enchantments of Sloth and ill Customs*, they must expect a long Train of Miseries in a short Life, and will entail their Diseases on their Progeny; but at length they will make way for an infallible Cure: For Luxury and Sloth, as they enfeeble the Body, so they waste the Estate too, the Nurse of these Diseases, and of Hypochondriack Melancholy, their Foster-Brother: Then humble Fortune enforces Labour, and dispenses only plain wholesome Food; these purifie the Blood, restore and invigorate Nature, and mend the Breed, and, in process of Time, succeeding Generations are as sound, torose, and brawny, as the natural Frame of these Gouty Men was at first: And I am inclin'd to believe this Revolution is perform'd in a stated Number of Years. However, 'tis as certain as that the Sun and Moon, and some other Heavenly Bodies, will revolve in their circular Courses, tho' 'tis not so much heeded. As to my self, the Gout and Stone, the best, tho' cruel Reformers, have tether'd me for many Years to a severe, solitary, but successful Course of Life. I can now no more recreate my self with good Company abroad, nor drink so much Wine as is counted necessary for moderate Refreshment; but beguile the long, tedious, Winter Evenings, when I have no Business, with Contemplation, and a few good Books. For tho' I am now of Thirty Years standing in this School of Affliction, (having had the Gout *ex traduce*, and the Stone by drinking Wine and strong Liquors in the Morning of Life, and by the Proximity of these Diseases) yet, God be thanked, I have not one Knotted Joint, and but seldom a Bloody Urine. And here I can affirm upon certain Knowledge, that the less Flesh a Man eats, and the less

less he drinks of fermented Liquors, and the more Exercise he uses, if the Stone be not too big to pass, the seldomer he shall be seiz'd with either Gout or Stone.

And as for Wine, Beer, and Ale, the more they recede from the Nature of Water, the worse and more unwholsome they are for ordinary Drink. Water was the common Drink both for Man and Beast in the first Age of the World, from the Creation to the Flood, for 1600 Years, when the Lives of Men were prolong'd to near 1000 Years; but after the Use of Wine, they were contracted to near a Tenth Part. The *Romans*, for the Space of 440 Years, drank nothing but Water, and now the ordinary People in *Italy* drink nothing else, and the rich Citizens there are much delighted with it; and in *France* 'tis counted a foul Crime for Virgins to drink any thing but Water; and it were well if it were more in use in *England* among the younger sort. And I must tell Young Men and Women of Gouty Parentage, how brisk and taper soever they may look in the Bloom of Life, if they don't better themselves daily, and drink some Water every Day, and keep to a low Diet, they must expect the Gout and Stone too, before they come to be Old; and will soon, if Care be not taken, become unweildy and unable to stir; for they have luxuriant Bodies: And if they would lay a good Foundation for Health and long Life, they should never drink any vinous Liquor, but for real Weakness and real Sicknes, and then only in the manner of Physick. And here I will say, that if drinking some Water every Day, and living chiefly on Herbs and Roots, Tea, and Small Beer, would have kill'd an Old Gouty Man, I had been laid in the silent Grave some Years ago.

But I would not be so understood, as that I would advise our dear *Æthiop* ill Custom should be repudiated all of a sudden, or that I would persuade Old Men that have weakened their Bodies by drinking much Wine, to leave it off: This would be a great and dangerous Error on the other Hand; these unhappy Old Men must use the best Means to keep the Gout from
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the principal Parts; for if it strike in, and can't be soon driven out again, 'tis as mortal as the Plague: They must therefore strictly observe the following Rules.

I. The Mind must be kept as quiet as is possible; for when the Gout has taken deep Root, that is as much affected as the Body; Cares and Fears dog them continually; and Melancholy, that naturally attends morose Age, is increas'd by the Gout; and in the Fits, and upon a Surprize, their Eye-balls rowl, they look wild, and are subject to violent Passion, which plainly shews, that then the rational Faculties are crippled too: For we see tender Women, Children, and Men of a weak Oeconomy Mind, are very passionate, and ready to fire upon slight Occasions. But if you except this Impetuosity of Mind, few Gouty Men besides my self are Fools; for they have the greatest Provokements to Thinking of any Men, and have naturally strong Bodies and sound Minds; Generals, Admirals, great Statesmen, and Scholars are of their Fraternity; they ought therefore to maintain the Honour of their Rank by Patience and a manly Sufferance; and tho' in the Fits they are full of Fears and Thoughts, and of a perplex'd Understanding, they should, for their own Comfort, consider, that a Man without Fear is a Monster, and a Man without Thought is a Fool, and that in a Crowd of Thoughts they sometimes meet with a very lucky one, which yields great Satisfaction, and in some sort compensates for the labour of the Brain, and for their being jostled in a Crowd.

II. They must avoid high Feeding and hard Drinking, and Venery, upon Pain of Death. I treat of Nature, that's my Province; and it would be as great a Crime in me to conceal any Violence offer'd to her, as it would be for a Judge to stifle plain Evidence of a Rape: But when there is a great Dejection of the Spirits, and a general Languor thro' the whole Body, the Conversation of Women, rightly understood, is a greater Cordial than can be found in the vegeta-

vegetable Kingdom of Herbs, or than the celebrated Elixirs of Chymists, or their Potable Gold.

- III. To fortifie the principal Parts, and to prevent the striking in of the Gout, they must take often of my excellent Electuary for the Gout, especially in Winter.
- IV. They must go to Bed early, drink Green Tea in the Morning, eat moderately what they like at Dinner, except Salted, Smoak'd, Bak'd, or Spic'd Meats, and drink a Glass or two of some strong Wine; the Supper, if any, must be small.
- V. The first Days, in the Fits, they must abstain from Flesh, and keep their Beds; and if the Pain be intolerable, they may take 6 Spoonfuls of my Water for the Gout, at Bed-time: But they must bear as much Pain as is possible; for the Pain in the Limbs secures the Life, tho' it be a bitter Remedy.
- VI. When the Gout is fallen in upon the Stomach, and causes racking Pains, they must presently take my Water for the Gout, to drive it out again, as above directed.
- VII. When the Gout is stricken in upon the Bowels, and causes a Looseness and Gripes, they must take my Sweating Bolus two or three Days, Morning and Evening, to provoke Sweat for 2 Hours at a time.
- VIII. When the Gout is stricken in upon the Lungs, Bleeding must be used and repeated as often as there is Occasion; and my Cooling Purge must be used, and they must take often of my Syrup for Consumptions.
- IX. When they are afflicted with Stomach Sickness, they must be carry'd often abroad in the Air in a Coach; for nothing else will save their Lives.
- X. When they are seiz'd with a Fit of the Stone, for this is almost an inseparable Companion from the Gout, they must proceed exactly as above directed, it being the best Means for Relief in a Fit of the Stone. But when they have a bloody Urine, they must come or send to my House for Advice and Medicines; 'twill take up too much Time to give particular Directions in this Case.

XI. Young

XI. Young and Old must use as much Exercise as possible; for they will not be able to obtain a tolerable State of Health by any other Means; and 'tis great pity such brave Constitutions should be worn out, like Iron, by Rust, for want of Use. Most Things are preserv'd by Motion; the Sun, by racing round the World, imparts its vivifying Rays to all Earthly Beings; the Moon, by keeping the Sea in perpetual Motion, makes clear and wholesome; the Wind, by providentially stirring and fanning the Air, makes it pure and healthy; otherwise it would become putrid and pestilential, and would poyson Man and Beast, and the feather'd Inhabitants of the Air. Our Lungs and Heart, our Blood and Spirits are in continual Motion, from the Hour of our Birth, to the Hour of our Death; the Pores of our Body perform their Offices Night and Day; why then should not the other Parts co-operate? In a word, moderate Exercise purifies the Blood, purges away superfluous Humours, makes a good Habit of Body, enlivens Youth, cheers Old Age, revives the natural Heat, strengthens the Nerves and Joints, procures an Appetite, make coarse Country Food as pleasant as the most costly Viands, and makes our Sleep sweet. I have insisted long on these Things, to rouse Gouty Men from a supine and unactive Course of Life; for baneful *Sloth* breeds a Humour in the Blood that is as venomous as *Cold Aconite*, and destroys more Men than *high Feeding*, *hard Drinking*, and *Whoring*, tho' they are all prime Ministers of Fate: But Exercise is best perform'd in the open Air, and in the Sun, better than in the Shade; and Riding on Horse-back is the best Exercise of all.

And now I suppose I may reasonably hope this Undertaking and these Medicines will meet with a favourable Reception among such as have at any time been seiz'd with any one of these violent Diseases. If I may judge by my self, and according to the Benefit I have often receiv'd by the Water for the Gout, in violent

lent Fits of the Stone, having voided a great many Stones, and some very large, after taking this Water, as above directed, and most commonly in the Night or the next Morning after taking it: And having experimented the wonderful Verrue of this Water in my self and others, I must render Thanks to Almighty God for the miraculous Deliverances I have receiv'd from the Use of it: For besides the present and wonderful Relief I have often had from it in Fits of the Stone, I was once snatch'd from the Jaws of Death by the Use of it, upon the Gout striking in upon my Stomach suddenly on a Journey in *Suffex*; for being carried to an House, and laid on a Bed, I took this, which, by good Providence, I had then by me; and in a short time the Pain ceas'd, and I travell'd many Miles the next Day; and ever since, when I take a Journey, I carry this Medicine with me as a blessed *Viaticum*.



The INDEX of Diseases and Medicines;
with the Price of each.

A.		S. D.	
A fter - Birth, to bring away, After-Pains, _____ Agues, _____	{	My Oyl to bring away the After-Birth, _____	1 0
		my Julep for After-Pains	1 6
		my Electuary for Agues	2 6
Apoplexy, _____	{	A Blister _____	0 6
		my Cordial Drops, Ounce	1 0
		my Tincture of Amber, Oun.	1 0
		my Apoplettick Balsam, the Box _____	2 6
Appetite, to promote	{	my Vomiting Powder	1 0
		my Elixir Proprietatis, Oun.	1 0
		my Stomach Tincture, Oun.	0 6
Asthma _____	{	my Syrup for Consumptions	
		the Pint _____	5 0
		B. Back,	

many
water,
ht or
peri-
self
God
from
der-
one,
the
ach
d to
by
mort
the
s, I

B.

B Ack, weak
Barrenness

Belching ———

Bleeding at Nose

Bruises ———

Burns ———

C.

C Hildrens broken
Bellies ———

Childrens Convulsions

Childrens Gripes

C Childrens Coughs

Childrens Hætick Fe-
vers ———

Childrens Fevers

C Childrens Purge

Child-bed Purgations
suppress'd ———

Colick ———

Colick, Hysterick

Consumption

Convu'sions

Costiveness ———

Coughs ———

Coughs, tickling

my Plaister for the Back 1 6

my Purging Elixir 2 6

my Cordial Drops 1 0

{ my Water for Bleeding at
the Nose ——— 1 6

{ my Conserve of Sloes, Por 1 0

my Tincture of Amber 1 0

my Ointment for Burns 1 0

{ my Ointment for Rup-
tures ——— 1 6

{ my Pouder for Childrens
Convulsions, 12 Papers 2 0

my Oyl for Childrens Gripes 1 6

{ my Balsamick Syrup, 2 Oun. 0 6

{ my Ointment for Childrens
Breasts ——— 1 0

{ my Ingredients for Purging-
Beer ——— 1 0

{ my Cordial Pouder for Fe-
vers ——— 1 0

{ my Ingredients for Purging-
Beer ——— 1 0

{ my Electuary for Child-bed
Purgations suppress'd 2 6

{ my Hysterick Cordial 2 6

{ my Galbanum Plaister 1 6

{ my Purging Elixir 2 6

{ my Water for the Gout 2 6

my Water for the Gout 2 6

my Syrup for Consumptions 5 0

{ my Cordial Drops 1 0

{ my Tincture of Amber 1 0

my Purging Elixir 2 6

my Balsamick Syrup 0 6

my Syrup of White Poppies 0 6

Coughs,

<i>Coughs, Consumptive</i>	{	my Electuary for Consumptive Coughs	1 6	Go
		my Electuary for a violent Flux of the Courses	2 6	Go
<i>Courses, immoderate</i>	{	my Conserve of Sloes	0 6	
		my Restorative Jelly	2 0	
<i>Courses, stopt</i>		my Virgins Powder, 12 Pap.	3 0	Gr

D.				
D <i>Eafness</i>	{	my Mixture for Deafness	1 6	H
<i>Delivery, to hasten</i>		my Drops to hasten Delivery, the Ounce	2 6	Ho
<i>Diabetes</i>		my Purging Elixir	2 6	Hi
<i>Dropsie</i> —	{	my Syrup of Buckthorn, 2 Ounces —	0 6	Hy
		my Purging Elixir	2 6	
<i>Dropsie of the Womb</i>		The same		

E.				
E <i>Yes inflam'd</i>	{	my Eyc-Water, the Ounce	0 6	J
<i>Eyes, Rheum in them</i> —		my Eye-Water	0 6	It

F.				
F <i>Ainting</i>	{	my Cordial Drops	1 0	K
<i>Fever, malignant</i>		the Royal Antidote, Ounce	0 6	
<i>Fever, continual</i>		the same	0 6	K
<i>Fever, intermitting</i>		my Electuary for Agues	2 6	K
<i>Fever, Heſtick</i>		the same	0 6	K
<i>Flux, Bloody</i>	{	my Water for the Gout	2 6	
		my Conserve of Sloes	1 0	
<i>Flux of Hemorrhoids</i>		the same —	1 0	I
<i>Fundament fallen</i>		my Ointment for Ruptures	1 0	

G.					L
G	Iddineſs	{	my Vomiting Powder	1 0	
			my Cordial Drops	1 0	
			my Tincture of Amber	1 0	
Gout, to prevent its striking in	{	my Electuary for the Gout	5 0		M

Gout,

Gout,

		S. D.
6 Gout, stricken upon the 6 Stomach	} my Water for the Gout	2 6
6 Gout stricken in upon 6 the Bowels, with a 6 Looseness and Gripes	} my Sweating Bolus	1 0
0 Green-Sickness	} my bitter Tincture	2 6
	} my Virgins Powder	3 0

H.

6 Head-Ach	{ A Blister	0 6
6 Hoarseness	{ Tincture of Amber	1 0
6 Hick-up	my Syrup for Consumptions	5 0
	my Electuary for Agues	2 6
6 Hysterick Diseases	{ my Tincture of <i>Assa fœtida</i>	1 0
6	{ my Cordial Drops	1 0

J.

6 Jaundice	{ my excellent Pills for the	
6 Itch	{ Jaundice, the Box	5 0
	{ my Ointment for the Itch	1 6
	{ my Water for the Itch	1 6

K.

0 King's Evil	take my Advice	0 0
6 Kidneys, the	{	
6 Stone in them		
6 Kidneys, Stoppage of		
6 Kidneys, foul		
	my Gout-Water	2 6
	my Purgine Elixir	2 6
	my Purgine Elixir	2 6

L.

0 Labour, hard	{ my Drops to hasten Deli-	
	very	2 6
0 Looseness	{ my Purgine Elixir	2 6
	{ my Water for the Gout	2 6
	{ my Conserve of Sloes	1 0

M.

0 Measles	{ my Syrup of White Pop-	
ut,	pies, 2 Ounces	0 6
		Miscar-

*Miscarriage**Mother, Fits*

N.

N *Auseousness*

P.

P *Alpitation of the Heart**Palsie**Piles**Pleurisie**Small-pox**Venereal Pox*

R.

R *Heumatism*

S.

S *Curvy**Spitting of Blood**Sores, old**Stomach Pains*

{	my Purging Elixir	s. d. 2 6
	my Powders to prevent Miscarriage	2 0
{	my Water for the Gout	2 6
{	my Tincture of <i>Assa fætida</i>	1 0
{	my Tincture of Amber	1 0

{	my Purging Elixir	2 6
{	my Elixir Proprietatis	1 0

{	my Cordial Drops	1 0
	my Tincture of <i>Assa fætida</i>	1 0
{	my admirable Mixture for the Palsie.	2 6
{	my Tincture of Amber	1 0
{	my Remedy for the Piles	1 0
{	my Mixture for the Pleurisie	2 6
{	my Water for the Gout	2 6
{	my Syrup of White Poppies	0 6
	take my Advice	0 0

take my Advice	0 0
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{	my purging Elixir	2 6
	my Spirit of Scurvy-grass	1 0
{	my Conserve of Hips	1 0
{	my excellent Mixture for Spitting of Blood	2 6
{	my Oyntment for old Sores	1 0
{	my <i>Æthiop's</i> Mineral, the Ounce.	1 0
{	my purging Elixir	2 6
{	my Water for the Gout	2 6

D.
2 6

V.

S. D.

V Apours	{ my excellent Julep for Va-	
	pours	1 6
Vomiting, to stop	my Julep to stop Vomiting	1 6
Vomiting, to procure	my Vomiting Powder	1 0
Urine, bloody	take my Advice	0 0
Urine, its Stoppage	{ my Decoction for the Stop-	
	page of Urine	3 0
Urine, its Heat	the same	3 0

W.

W Hites	take my Advice	0 0
Womb, to cleanse	my Purging Elixir	2 6
Womb fallen	take my Advice	0 0
Womb, its Ulcer	take my Advice	0 0
Womb, cancerated	take my Advice	0 0

The following Medicines ought to be kept in all Families, and by Masters of Ships that don't carry a Surgeon with them.

M Y Family Balsam, the Pot	1 0
My Oyntment for Burns and Scalds, the Pot	1 0
My excellent Oyntment for old Sores, the Pot	1 0
My Spirit of Scurvy-grass, the Bottle	1 0
My Cordial-drops, the Ounce	1 0
My Water for the Gout, the Half-pint	2 6
My Sweating Bolus,	1 0
My Tincture of Saffron, the Ounce	1 0
My Purging Elixir, the Half-pint	2 6
My Tincture of Amber, the Ounce	1 0
My excellent Mixture for Spitting of Blood and a Pleurisie,	{ 2 6
My Blistering Plaister, the Ounce	0 6
My Water for Bleeding at Nose,	1 6

All

*All my Medicines are Prepared by my Sons
Joseph and Whitlock Pechey, and my Ne-
phew Francis Pechey, whom I have bred up;
and are to be Sold at my House in Bow-Lane,
Cheapside, the Corner of Robin-Hood's-Court;
the Lower end of the Lane.*

F I N I S.



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